

Prenatal Program



Program focus:

- Children ages birth-3
- A continuum of care during your pregnancy, at your birth, and throughout your child's early education needs
- A respectful, positive and culturally responsive experience
- Setting and achieving goals to improve the well-being of mom and baby

Take the first steps:

1. Learn more at go.osu.edu/goodstart
2. Complete the enrollment form at go.osu.edu/ehsenroll
3. Contact Jen Phillips, Lead Family Specialist at jphillips@dfyf.org or call 614-294-2661 ext. 2528
4. Take a deep breath...you're in good hands

What to expect:

- A prenatal specialist who educates you on topics such as breastfeeding, safe sleep, healthy eating habits, well-checks, vaccines, postpartum depression, reducing stress, and positive parenting skills
- Community resources to help you and your family obtain health insurance, enroll in social services, and set goals for the future
- Experts that offer medical, hearing and dental exams, developmental screenings, nutritional care and mental health access

