

We support family well-being

A healthy pregnancy has a lasting influence on your child's health and development. EHS supports pregnant moms and their young children who live in neighborhoods that face greater risks and barriers to achieving positive maternal and child health outcomes.

By partnering with university and community professionals the program aims to:

- set and achieve goals to improve the well-being of mom and baby
- promote children's development and readiness to participate in early childhood education
- increase family education level and earning potential
- connect families to needed community resources and support



THE OHIO STATE UNIVERSITY

COLLEGE OF
EDUCATION AND HUMAN ECOLOGY



EHS-CC
EARLY HEAD START
CHILD CARE

The Ohio State University
Early Head Start Partnership Program
Schoenbaum Family Center

175 East 7th Avenue, Columbus, OH 43201
614.292.7680

go.osu.edu/goodstart



Give your child an early start to success in life.

We'll help you get there.



We help throughout your pregnancy and beyond

It's not easy being pregnant, especially if you have roadblocks to affordable child care, transportation, stable housing, prenatal care, and healthy food. At the Ohio State University Early Head Start Partnership Program we provide a continuum of care during your pregnancy, at your birth, and throughout your child's early education years. By building a respectful, positive, and culturally responsive relationship with you, our prenatal specialist will accompany you to appointments and advocate on your behalf to support healthy choices for you and your baby.

We promote healthy outcomes

Through community and university partnerships we offer children:

- medical, hearing, and dental exams
- developmental screenings
- nutritional care
- mental health access



We are resource ready

Your prenatal specialist will educate you on you topics such as breastfeeding, safe sleep, healthy eating habits, well child checks and immunizations, postpartum depression, positive parenting skills, and reducing stress.

We also help you:

- find high-quality Early Head Start child care or home visiting services
- find prenatal care and a doctor for your infant
- set goals for the future and continue adult education
- obtain health insurance
- develop parenting skills
- locate neighborhood resources
- assist children/siblings with educational needs
- enroll in Medicaid, WIC, PFCC and other social services

Take the first steps...

1. Learn more at: go.osu.edu/goodstart
2. Complete the enrollment form at: go.osu.edu/ehsenroll
3. Contact Jen Phillips, Lead Family Specialist at jphillips@dfyf.org or call 614-294-2661 ext. 2528
4. Take a deep breath...you're in good hands



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