

Internet Resources for Telehealth

Yoga and mindfulness videos for youth

<https://www.aloyoga.com/pages/alo-gives>

Free stories for youth from Audible.com (audio books)

https://stories.audible.com/start-listen?mi_cmp=21b6d7d8b2f846dc&mi_ecmp=486622220&mi_sc=t&mi_u=amzn1.account.AE3IJ37TGS74J7RIA6ZJGXBK5GQ

Therapist Aid website (download free worksheets, etc.)

<https://www.therapistaid.com/>

Dot Com therapy (lists of additional resources)

<https://blog.dotcomtherapy.com/blogs/therapists-speak/best-teletherapy-resources>

Pintrest Telehealth page

<https://www.pinterest.com/whimsicalslp/free-teletherapy-materials-and-games/>

Teacherspayteachers website, teletherapy games page. Inexpensive games to use in teletherapy. Remember to get reimbursed!

<https://www.teacherspayteachers.com/Browse/Search:teletherapy%20games>

The Tool box website – teletherapy resources

<https://www.theottoolbox.com/teletherapy-games-and-worksheets/>

Interventions for Online Therapy with Children and Youth

<https://www.guidancett.com/blog/interventions-for-online-therapy-with-children-and-youth-2020>