The ability to return to being healthy & hopeful after difficult things happen in your life.

We believe children and families thrive best in physically and emotionally safe environments.

We believe all children and families have unique strengths, abilities, and talents and that with the right supports and encouragement youth can achieve their full potential.

We know parent involvement is critical in helping children learn to interact in a healthy way with others, manage their emotions, and communicate their feelings and needs.

We believe all individuals have rights and a voice in treatment that will be met with respect and dignity.

Children Who Witness Violence
Serving youth who have witnessed violence in their own homes, schools, or neighborhoods

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Children Who Witness Violence, an Outreach Counseling Program, is for youth between the ages of 5 and 18 who have witnessed violence in their own homes, schools, or neighborhoods.

We provide individual, family and group counseling.

The program works to improve overall well-being by assisting clients and their families to develop skills and supports while they process their experiences and become more hopeful.

Therapeutic services are based on the Attachment, Self-Regulation, and Competency Model (ARC) treatment framework which aims to foster resiliency in the youth and families served.

Therapeutic group counseling works toward eliminating the isolated feelings associated with the traumatic experience while addressing symptoms that often arise as a result of witnessing domestic violence.

Groups are co-facilitated by two licensed professional staff.

Youth are placed in age and gender specific groups that are closed and run for 8-10 sessions each cycle.

Youth have the opportunity to work through their specific traumatic experiences and assist others in sharing their worries and fears.

Groups are experiential and activity based to give an opportunity to practice skills learned.

Physical, behavioral, and emotional problems commonly demonstrated by these survivors are identified, acknowledged, and processed by group members.