



INSPIRING HOPE. STRENGTHENING FAMILIES. RESTORING COMMUNITIES.

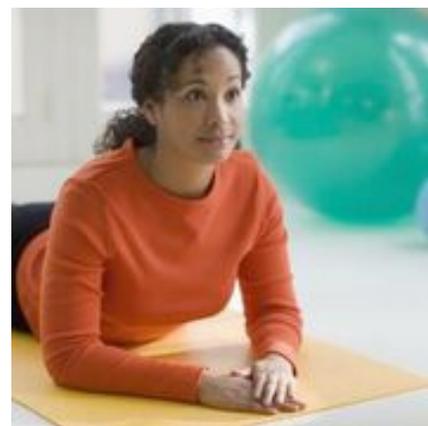
Florence Crittenton Women's Center

The Women's Center at the NEW Crittenton Community Center will be created to provide an area for Trauma-Informed and Gender Responsive Culture of Care.

This Center will be gender responsive in its programming, design, environmental shapes/colors and artwork. Dr. Stephanie Covington, a pioneer in the field of women's issues, addiction and recovery, advised our CEO, Duane Casares, that the few centers in Europe and Canada that offer this type of design have recognized multiple benefits for women. We are being intentional and resourceful as we initiate our plan to provide an area designed to provide healing for girls and women.

Programs & Services

- **Promises Program** - Youth counseling services for survivors of sexual abuse.
- **Teen Parenting Connection** - Counseling, Case Management and Parent Education for youth who are pregnant or parenting (up to age 21.)
- **Somatic Services** - Yoga, Centering and Balancing, Mindfulness, Self Care, Peacefulness, and Meditation
- **Moms2B** - Programs and services to address infant mortality.
- **Parenting Classes**
- **Grandparents Support Group**
- **West African Women Programming** - Gender specific programming that is responsive for this growing population in our community.



Education

Trainings and workshops on the following topics:

- Abuse/Harassment
- Interview/Presentation Skills
- Inequality
- Dressing for Success
- Leadership Training
- ESL
- Financial Literacy
- Healthy Eating & Cooking

Health & Safety

Healthcare professionals will be on-site via mobile units for mammograms, and other women specific needs (i.e. prenatal care).

Activism

Directions for Youth & Families, as a member agency of National Crittenton, will be afforded the opportunity to send girls and women served at the NEW Crittenton Community Center to the National Crittenton *"In Solidarity We Rise"* Annual Conference. This conference focuses on:

- **Healing:** Understanding the root causes of trauma and discovering new pathways to healing.
- **Opportunity:** Exploring diverse and innovative ways to support health, economic security and civic engagement for girls.
- **Justice:** Catalyzing and strengthening the justice reforms for the girls' movement.



Directions for Youth & Families is a member of **Girls @ The Margin National Alliance**. This organization is collective of local, state and national organizations reaching across disciplines and systems using a holistic perspective to address root causes of the complex issues confronting girls and young women at the margin.