

Directions for Youth & Families

A Resiliency-Oriented/
Trauma-Informed Agency

Resiliency → the ability to return to being healthy & hopeful after difficult things happen in your life.

Trauma → any past event, situation, or experience resulting in distress.



→ **We believe** all individuals have rights and a voice in treatment that will be met with respect and dignity.

→ **We believe** children and families thrive best in physically and emotionally safe environments.

→ **We believe** all children and families have unique strengths, abilities, and talents and that with the right supports and encouragement youth can achieve their full potential.

→ **We know** parent/caregiver involvement is critical in helping children learn to interact in a healthy way with others, manage their emotions, and communicate their feelings and needs.



DFYF is accredited by:
the Council on Accreditation for
Children and Family Services (COA)



DFYF is certified by:
Ohio Mental Health and Addiction
Services Department

DFYF is a member of:

- Family Service Council of Ohio
- Ohio Council of Behavioral Healthcare Providers
- Ohio Association of Nonprofit Organizations

DFYF collaborations include:

- United Way of Central Ohio
- ADAMH Board of Franklin County
- Franklin County Dept of Job & Family Services
- City of Columbus
- Franklin County Juvenile Court
- Ohio Attorney General's Office
- Columbus City Schools
- South-Western City Schools
- The Columbus Foundation
- The Ohio State University
- YMCA of Central Ohio



Directions for Youth & Families

Inspiring hope. Strengthening families.
Transforming communities.



**School Based - Mental Health
intervention services for select
Columbus City Schools**



DFYF is 1 of 27 members
of The National Crittenton
Foundation family of agencies.
Operating in 31 states, DFYF
is the only one in Ohio.

Main Office:

**1515 Indianola Avenue
Columbus, OH 43201**

P. 614. 294.2661 • F. 614.294.3247

www.dfyf.org • intake@dfyf.org

- Counseling & Clinical Services •
- Kindergarten Readiness Program •
- Prevention & Parenting Services •
- After-School / Summer Programs •

• ABOUT DFYF •

- Directions for Youth & Families (DFYF) is a leading resiliency-oriented/trauma-informed agency providing counseling and prevention services, including after-school and summer programs.
- Since our establishment in 1899, through our predecessor Crittenton Family Services, we have been providing innovative, culturally sensitive and effective counseling and programming to the Franklin County community.
- We offer a variety of counseling programs that specialize in a range of issues including school concerns, truancy, anger management, sexual abuse, substance use, exposure to violence, grief/loss, abuse/neglect, family conflict, and juvenile delinquency.
- Services are provided on an outreach basis, in youth's homes, schools, and other community settings, to reduce barriers to treatment.



• SCHOOL CONNECTIONS •

- School Connections Program provides school-based mental and behavioral health intervention services for select Columbus City Schools.
- Individual counseling services are provided for students identified by school personnel or through parent request.
- Parents/caregivers are informed that their child is being referred to the School Connections Program by the school principal, school counselor or designee. Caregivers must sign a consent for treatment or intervention/counseling services.
- Student eligibility is limited to only those who participate in a financial assessment.

Directions for Youth & Families strongly supports a collaborative relationship with the school and family to assist youth in meeting their full potential. The main focus is to bridge the gap between the different domains of a child's life to create a well-rounded individual.

Referrals are accepted from school administration, school staff or through parent request and can be submitted to the DFYF Counselor at your school. Or contact our Intake Department at 614-294-2661.



• INTERVENTION SERVICES •

- Weekly counseling sessions are held at school.
- Typical length of counseling is 9-12 months.
- DFYF clinician will meet with caregiver and student to identify needs through a mental health assessment and establish goals on an Individualized Service Plan.
- Services include collaboration with the family and teachers/principal for identified students once they are enrolled in counseling.
- Trauma and Resiliency based counseling services.
- Limited home-based services are provided. Students will continue to receive counseling during academic breaks and summer, with caregiver permission.

