

Directions for Youth & Families

A Resiliency-Oriented/
Trauma-Informed Agency

Resiliency → the ability to return to being healthy & hopeful after difficult things happen in your life.

Trauma → any past event, situation, or experience resulting in distress.



→ **We believe** all individuals have rights and a voice in treatment that will be met with respect and dignity.

→ **We believe** children and families thrive best in physically and emotionally safe environments.

→ **We believe** all children and families have unique strengths, abilities, and talents and that with the right supports and encouragement youth can achieve their full potential.

→ **We know** parent/caregiver involvement is critical in helping children learn to interact in a healthy way with others, manage their emotions, and communicate their feelings and needs.



DFYF is accredited by:
the Council on Accreditation for
Children and Family Services (COA)



DFYF is certified by:
Ohio Mental Health and Addiction
Services Department

DFYF is a member of:

- Family Service Council of Ohio
- Ohio Council of Behavioral Healthcare Providers
- Ohio Association of Nonprofit Organizations

DFYF collaborations include:

- United Way of Central Ohio
- ADAMH Board of Franklin County
- Franklin Co Dept of Job & Family Services
- City of Columbus
- Franklin County Juvenile Court
- Ohio Attorney General's Office
- Columbus City Schools
- South-Western City Schools
- The Columbus Foundation
- The Ohio State University
- YMCA of Central Ohio



Directions for Youth & Families

Inspiring hope. Strengthening families.
Transforming communities.



in partnership with
**South-Western
City Schools**



DFYF offers a wide variety of programs to help South-Western City Schools students who require behavioral or mental health intervention to increase academic success.



DFYF is 1 of 27 members of The National Crittenton Foundation family of agencies. Operating in 31 states, DFYF is the only one in Ohio.

Main Office:

1515 Indianola Avenue
Columbus, OH 43201

P. 614. 294.2661 • F. 614.294.3247

www.dfyf.org • intake@dfyf.org

- Counseling & Clinical Services •
- Kindergarten Readiness Program •
- Prevention & Parenting Services •
- After-School / Summer Programs •

● SCHOOL CONNECTIONS ●



PROGRAM DETAILS:

- Clinicians meet with students in schools and provide limited home-based services during breaks.
- Referrals are made by school administration and staff for behavioral and /or emotional issues.
- Parents/caregivers are informed that their child is being referred to the School Connections Program by the school principal or a contact person at the school.
- Clinician will meet with caregivers and student to identify needs through a mental health assessment and establish goals on an Individualized Treatment Plan.
- Program is approximately a 9 to 12 month duration depending on the needs of the student.
- Trauma and resiliency-based counseling.
- Strongly supports a collaborative relationship with the school and family to assist youth in meeting their full potential. The main focus is to bridge the gap between the different domains of a child's life to create a well-rounded individual.

Fees:

- Medicaid will cover fees for eligible students.
- If the student is not eligible for Medicaid, services may be provided on a sliding fee scale based on a financial assessment and private insurance.

● SERVICES FOR STUDENTS ●

Kindergarten to 4th Grade

- Raising self-esteem and building confidence
- Managing anger
- Managing feelings
- Building life and social skills
- Improving school performance and behavior
- Improving communication skills
- Dealing with grief and loss issues
- Learning decision-making skills
- Building relationships through positive interactions with family and peers
- Learning positive coping skills

Intermediate, Middle, High School

- Raising self-esteem and building confidence
- Managing feelings in a healthy way (anger, sadness, anxiety)
- Reducing self-harm behaviors
- Dealing with grief and loss issues (death, divorce, relocation)
- Improving school performance and behavior
- Resolving conflict
- Learning positive decision-making (including avoiding peer pressure)
- HOPE Curriculum (Health & Opioid Prevention Education)

➤ In addition to individual services, we have group counseling for specific target groups which are held at the school.

➤ Groups offered through school based programs include:

- Self-Esteem
- Grief and Loss
- Anger Management
- Social Skills
- Improving Impulsiveness, Concentration and Decision Making

➤ Some youth can benefit from a group experience that provides an opportunity to express their feelings, fears, and pain, and to receive emotional support from their peers who share similar experiences.

