Directions for Youth & Families

A Resiliency-Oriented/ Trauma-Informed Agency



the ability to return to being healthy & hopeful after difficult things happen in your life.



any past event, situation, or experience resulting in distress.



- We believe all individuals have rights and a voice in treatment that will be met with respect and dignity.
- We believe children and families thrive best in physically and emotionally safe environments.
- We believe all children and families have unique strengths, abilities, and talents and that with the right supports and encouragement youth can achieve their full potential.
- We know parent involvement is critical in helping children learn to interact in a healthy way with others, manage their emotions, and communicate their feelings and needs.



<u>DFYF is accredited by:</u> the Council on Accreditation for Children and Family Services (COA)



<u>DFYF is certified by</u>: Ohio Mental Health and Addiction Services Department

DFYF is a member of:

- Family Service Council of Ohio
- Ohio Council of Behavioral Healthcare Providers
- Ohio Association of Nonprofit Organizations

DFYF collaborations include:

- United Way of Central Ohio
- ADAMH Board of Franklin County
- Franklin County Department of Job & Family Services
- City of Columbus
- Franklin County Juvenile Court
- Ohio Attorney General's Office
- Columbus City Schools
- South-Western City Schools
- The Columbus Foundation













Main Office:

1515 Indianola Avenue Columbus, OH 43201

P. 614. 294.2661 • F. 614.294.3247

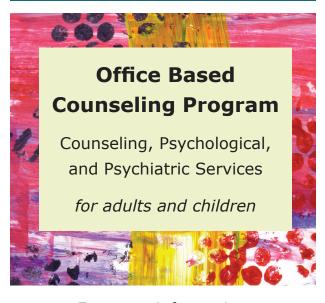
www.dfyf.org • intake@dfyf.org



Inspiring hope. Strengthening families.

Transforming communities.

Build and inspire hope, healing, and resilience for youth, families, and communities through counseling and education



For more information contact our Intake Department at 614.294.2661 or intake@dfyf.org

- Counseling & Clinical Services •
- Kindergarten Readiness Program
- Prevention & Parenting Services
- After-School / Summer Programs



DFYF is 1 of 27 members of The National Crittenton Foundation family of agencies. Operating in 31 states, DFYF is the only one in Ohio.

OFFICE BASED COUNSELING

The overall goals of the Office Based Counseling Program are to:

- Improve personal mental health
- Strengthen family relationships
- Improve family security and stability



COUNSELING, PSYCHOLOGICAL, and PSYCHIATRIC SERVICES

Our Office Based Counseling Program provides a range of counseling, psychological, and psychiatric services to adults and children.

- Counseling is done on an individual, group, family, and/or couple basis. Family members are always included in counseling when appropriate and agreed upon by the client.
- Mental health and substance abuse assessments are provided within the framework of a strengths-based family systems approach.
- Psychological assessments are available as needed.
- Psychiatric evaluations and ongoing consultations are also available for clients who may need medication.

OUR CLIENTS

DFYF's Office Based Counseling Program serves adults and children in Franklin County who have issues affecting family, home, school, or work environment such as:

- behavioral and/or emotional problems
- domestic violence
- children going through the process of divorce or separation
- parenting problems regarding child abuse or neglect
- family dysfunction
- developmental difficulties
- substance abuse issues
- work related issues
- Services are personalized to meet the client's individual needs and are provided from a family-focused strengths-based approach.
- We build upon the assets and resources of the clients/families and partner with them to establish and reach their goals.
- Our model of service is resiliency-oriented and trauma-informed.

OUR LOCATIONS

For information, call our Intake Department at 614.294.2661.

East Office:

3616 East Main Street Columbus, OH 43213

P. 614.251.0103

Home office:

1515 Indianola Avenue Columbus, OH 43201

P. 614. 294.2661

OUR SERVICES

Services include:

Diagnostic Assessment Services: assessment of client assets and strengths as well as needs and concerns are determined. A thorough assessment evaluates the mental health and emotional aspects of the client individually and in relation to the environment around him/her, i.e.: family peers, co-workers, home, etc. Psychological and psychiatric assessments are also available, with the possibility of medication prescribed if warranted.

Individualized Service Plan: an ISP is developed jointly between the counselor and client. It includes 1 to 4 clearly defined goals, with practical objectives. Practical objectives provide the "map" for clients to follow towards meeting their goals. These goals and objectives are what the client and counselor agree will lead to enhanced functioning of the client, thus increasing his/her satisfaction with their life and improving relationships with family members and others.

Linkage and referral: linkages and/ or referrals are made to ensure social and emotional supports. They are made to community, mental health and AOD system providers and psychiatrist as needed.

Advocacy: workers advocate on behalf of their clients with collateral or government agencies to ensure that clients understand their rights and opportunities.

Supportive and educational services:

workers provide an array of supportive and educational services to clients in order to improve their level of functioning.