

## Directions for Youth & Families

A Resiliency-Oriented/  
Trauma-Informed Agency

**Resiliency** → the ability to return to being healthy & hopeful after difficult things happen in your life.

**Trauma** → any past event, situation, or experience resulting in distress.



→ **We believe** all individuals have rights and a voice in treatment that will be met with respect and dignity.

→ **We believe** children and families thrive best in physically and emotionally safe environments.

→ **We believe** all children and families have unique strengths, abilities, and talents and that with the right supports and encouragement youth can achieve their full potential.

→ **We know** parent involvement is critical in helping children learn to interact in a healthy way with others, manage their emotions, and communicate their feelings and needs.



DFYF is 1 of 27 members of The National Crittenton Foundation family of agencies. Operating in 31 states, DFYF is the only one in Ohio.



DFYF is accredited by:  
the Council on Accreditation for  
Children and Family Services (COA)



DFYF is certified by:  
Ohio Mental Health and Addiction  
Services Department.

DFYF is a member of:

- Family Service Council of Ohio
- Ohio Council of Behavioral Healthcare Providers
- Ohio Association of Nonprofit Organizations

DFYF collaborations include:

- United Way of Central Ohio
- ADAMH Board of Franklin County
- Franklin County Dept of Job & Family Services
- City of Columbus
- Franklin County Juvenile Court
- Ohio Attorney General's Office
- Columbus City Schools
- South-Western City Schools
- The Columbus Foundation



### Additional Locations

East Office  
3616 East Main Street  
Columbus, OH 43213  
P. 614.251.0103

Ohio Avenue Youth Center 657 South Ohio Avenue Columbus, OH 43205 P. 614.258.8043	The Crittenton Center 3840 Kimberly Parkway N. Columbus, OH 43232 P. 614.694.0203
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### Main Office:

1515 Indianola Avenue  
Columbus, OH 43201  
P. 614.294.2661 • F. 614.294.3247  
www.dfyf.org • intake@dfyf.org

# Directions

## for Youth & Families

A Resiliency-Oriented/Trauma-Informed Agency

Empowering families and their  
children to make sound choices and  
achieve promising futures



## GUIDE TO OUR SERVICES

For more information  
contact our Intake Department at  
intake@dfyf.org or 614.294.2661

- Counseling & Clinical Services
- Kindergarten Readiness Program
- Prevention & Parenting Services
- After-School / Summer Programs

## ● KINDERGARTEN READINESS and PARENTING PROGRAMS ●

### Ready Set Grow

In-home kindergarten readiness program working directly with children and parent/guardian to enhance learning and assist parents with child development skills. For families with children 3 to 6 years old (who are not yet enrolled in Kindergarten).

### Positive Paths Parenting Classes

Parenting instruction to improve quality of family life, office-based in groups.

Parenting Programs work to strengthen and improve family functioning and reduce the incidence and risk of child abuse/neglect.



## ● PREVENTION and AFTER-SCHOOL/ SUMMER PROGRAMS ●

● We offer after-school and summer programming that provides an environment that is safe, fun, and educational. Youth participate in art, music, dance, recreation, and homework help. Our prevention groups focus on healthy decision making and how to deal with challenges all youth face.

Ohio Avenue Youth Center - After school/ summer community-based prevention program, arts and recreation for ages 8-18.

The Crittenton Center - After school/summer community-based prevention program, arts and recreation for ages 8-18. Located on Kimberly Parkway.

## ● COUNSELING & CLINICAL ●

Our staff of over 60 licensed social workers and counselors provide Treatment Programs that are resiliency-oriented/trauma-informed helping individuals and families address and overcome a range of issues including:

- school concerns
- violence
- child abuse/neglect
- sexual abuse
- delinquency
- mental health issues
- family conflict
- substance abuse

**Most programs are provided on an outreach basis - in client's homes, schools, or other community settings - to reduce barriers to treatment and provide services in the environment they are needed.**

### Outreach Counseling Program

Home/school/community-based individual and family counseling for youth ages 5-18 and their families. Services include counseling, community support services, advocacy, and referral.

### School Connections / Student Outreach Services

Partnership with Columbus City Schools, South-Western City Schools, Delaware City Schools, and others to provide needed services.

### Building Bright Futures (Youth at risk for school failure)

Home/school/community-based individual and family counseling for youth in grades 6th through 12th who are at risk for school failure. Services can include counseling, community support services, advocacy, and referral.

### PROMISES (for survivors of sexual abuse)

For youth ages 7-18 who are survivors of reported or suspected sexual abuse. In-home comprehensive therapeutic program with individual, group and family counseling.

### Children Who Witness Violence

Home/school/community-based individual, family, and group counseling for youth ages 5-18 to reduce traumatic effects of witnessing violence and prevent future violence.

### COMPS (Children of Murdered Parents and Siblings)

Home/school/community-based individual, family and group counseling for youth ages 6-18 who have lost a loved one to homicide.

### Healthy Alternatives for Youth (Substance use counseling)

For youth ages 12 -18 who have substance use issues. Services can include individual counseling, family counseling, case management services, and group counseling.

### Youth Pride

Home/school/community-based individual and family counseling for youth ages 10-22, who identify as lesbian, gay, bisexual, transgender, queer, questioning, intersex, asexual, or have gender identity issues.

### Teen Parent Connection

Serves pregnant or parenting youth and their families through age 21. Home/school/ community-based individual and family counseling offered along with community support and case management.

### Office Based Counseling Program

Counseling and Psychological services are available for children, adolescents, and adults. Includes adult anger management groups.

### AMO (Anger Management Options)

Assists youth ages 10-18 and their families to identify and initiate alternative ways to express anger and rage without violence.

