

APPENDIX A

Provider Materials

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| Session Checklist/Tracking Sheet | 243 |
| <ul style="list-style-type: none">• The session checklist provides a convenient way for the provider to track, on a per-session basis, the addressing of specific framework targets. | |
| Treatment Planning and Priority Checklist | 245 |
| <ul style="list-style-type: none">• This form may be useful for consolidating key treatment goals and identifying priority targets of treatment. | |

Session Checklist/Tracking Sheet

Session Date: _____

Client ID: _____

Session Number: _____

Therapist: _____

Individual _____ Group _____ Dyad/Family _____ Caregiver(s) _____

Session Component	Yes	No	Comments
Completed Check-In			
Completed Modulation Exercise			
Completed Child-Specific Treatment Goal Activity			
Worked on Self-Development Project			
Provided Child-Directed Free Time			
Completed Check Out			
ATTACHMENT DOMAINS			
A1: Caregiver Affect Management			
A2: Attunement			
A3: Consistent Response			
A4: Routines and Rituals			
SELF-REGULATION DOMAINS			
R1: Affect Identification			
Identifying Own Emotions			
Understanding Trauma Response/Triggers/Body's Alarm System			
Connection (Body/Thought/Behavior)			
Contextualization (Internal/External Factors)			
Identifying Other's Emotions			
R2: Modulation			
Understanding Degrees of Feeling			
Understanding Comfort Zone/Effective Modulation			
Building a Feelings Toolbox			
R3: Affect Expression			
Identifying/Accessing Safe Resources			
Appropriate Physical/Emotional Boundaries			
Nonverbal Communication Skills			
Verbal Communication Skills			
Self-Expression			

(cont.)

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Session Checklist/Tracking Sheet (page 2 of 2)

Session Component	Yes	No	Comments
COMPETENCY DOMAINS			
C1: Executive Functions			
Impulse Control			
Problem-Solving			
C2: Self-Development and Identity			
Unique Self (Cultural Identity, Values, Likes)			
Positive Self (Efficacy/Competency)			
Coherent Self			
Future Self			
TRAUMA EXPERIENCE INTEGRATION			
Trauma Experience Integration			
Thematic/Fragmented Self-States			
Specific/Narrative			
Other (describe):			

Treatment Planning and Priority Checklist

Domain:	Priority Level		
	Low: Support for continued use of skills	Moderate: Support and coaching in use of skills	High: Vulnerable domain, need for priority focus
Attachment			
Caregiver Management of Affect	1	2	3
Attunement	1	2	3
Consistent Caregiver Response	1	2	3
Routines and Rituals	1	2	3
Self-Regulation			
Affect Identification	1	2	3
Modulation	1	2	3
Affect Expression	1	2	3
Competency			
Executive Function	1	2	3
Self-Development	1	2	3
Developmental Tasks	1	2	3

Please list concretely priority treatment goal(s) and potential tools for above domains:

Goal	Potential Tool(s)
<i>Example: Caregiver Affect Management: Increase mother's ability to tolerate child anger</i>	<i>Psychoeducation; practice monitoring strategies; engage in parent support group</i>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.

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