

## Directions for Youth & Families

A Resiliency-Oriented/  
Trauma-Informed Agency

### Resiliency

the ability to return to being healthy & hopeful after difficult things happen in your life.

### Trauma

any past event, situation, or experience resulting in distress.



**We believe** all individuals have rights and a voice in treatment that will be met with respect and dignity.

**We believe** children and families thrive best in physically and emotionally safe environments.

**We believe** all children and families have unique strengths, abilities, and talents and that with the right supports and encouragement youth can achieve their full potential.

**We know** parent involvement is critical in helping children learn to interact in a healthy way with others, manage their emotions, and communicate their feelings and needs.



DFYF is accredited by:  
the Council on Accreditation for  
Children and Family Services (COA)



DFYF is certified by:  
Ohio Mental Health and Addiction  
Services Department.

DFYF is a member of:

- Family Service Council of Ohio
- Ohio Council of Behavioral Healthcare Providers
- Ohio Association of Nonprofit Organizations

DFYF collaborations include:

- United Way of Central Ohio
- United Way of Delaware County
- ADAMH Board of Franklin County
- Franklin County Dept of Job & Family Services
- City of Columbus
- Franklin County Juvenile Court
- Ohio Attorney General's Office
- Columbus City Schools
- South-Western City Schools
- The Columbus Foundation



### Additional Locations

East Office  
3616 East Main Street  
Columbus, OH 43213  
P. 614.251.0103

Ohio Avenue Youth Center  
657 South Ohio Avenue  
Columbus, OH 43205  
P. 614.258.8043

Delaware Office  
39 W. Winter Street  
Delaware, OH 43015  
P. 740.990.0254

The Crittenton Center  
3840 Kimberly Parkway N.  
Columbus, OH 43232  
P. 614.694.0203

### Main Office:

1515 Indianola Avenue  
Columbus, OH 43201

P. 614.294.2661 • F. 614.294.3247

www.dfyf.org • intake@dfyf.org

# Directions

for Youth & Families

Changing lives. Changing communities.



## Teen Parent Connection

An Outreach Counseling Program

Serving Pregnant or Parenting  
Teens up to age 21



For more information contact our  
Intake Department at  
614.294.2661 or intake@dfyf.org

Empowering families and their  
children to make sound choices  
and achieve promising futures

- Counseling & Clinical Services
- Kindergarten Readiness Program
- Prevention & Parenting Services
- After-School / Summer Programs

## ● OUTREACH COUNSELING ●

- DFYF's Outreach Counseling Program (OCP) provides individual and family counseling designed to enhance relationships between youth and their families, and improve their capacity for responsible decision-making.
- We offer community-based treatment programs that emphasize commitment to family, school, and work.
- Services are provided on an outreach basis - in client's homes, schools, and other community settings - to reduce barriers to treatment.
- Services are provided through innovative programs that focus on the redirection of self-defeating behaviors and assisting youth in leading positive and productive lives.
- Special emphasis is placed on the development of appropriate coping skills utilizing and building upon present strengths, giving each youth a greater sense of ownership and direction in his/her life.
- Outreach programming is tailored to address individual needs within each unique family structure. Family involvement/counseling throughout the process is important and encouraged.
- Family counseling promotes responsible participation in the development of a healthy environment.
- In addition to outreach services, there are group counseling components offered to specific target groups.



## ● TEEN PARENT CONNECTION ●

Teen Parent Connection (TPC), an Outreach Counseling Program, works to equip teen and young adult parents with the knowledge, skills, and support necessary to provide a healthy, nurturing environment for their child. This is accomplished through:

- Increasing knowledge of community resources
- Improving child development knowledge
- Improving insight and judgment which impact parenting skills
- Addressing mental health issues
- Providing parenting strategies

Services seek to assess, build, and strengthen support networks and provide education on healthy relationships. Pregnant teens and young adults are also offered a Child Birth education class.



## ● TPC CLIENTS ●

DFYF's Teen Parent Connection program serves parenting or pregnant teens up to age 21, in at least their second trimester, who are experiencing social, relational, emotional, behavioral, and/or adjustment challenges and difficulties.

## ● TPC SERVICES ●

The purpose of TPC services is to improve functioning and adjustment to pregnancy and/or the birth of a child. Program activities center on the specific needs of individual clients and their families.



TPC provides teen and young adult clients with:

- Individual counseling
- Education to increase parenting skills
- Education regarding appropriate infant/child development with an emphasis on client behavioral responses and their impact on positive parenting practices
- Screening and linkage for appropriate pre-natal care and post-partum supports and coordination of services
- Access to childbirth education class
- Building other life skills and supports.

TPC takes place in the youth's home, school, or neighborhood location. Group services are office based.

