

## Directions for Youth & Families

A Resiliency-Oriented/  
Trauma-Informed Agency

### Resiliency

the ability to return to being healthy & hopeful after difficult things happen in your life.

### Trauma

any past event, situation, or experience resulting in distress.



**We believe** all individuals have rights and a voice in treatment that will be met with respect and dignity.

**We believe** children and families thrive best in physically and emotionally safe environments.

**We believe** all children and families have unique strengths, abilities, and talents and that with the right supports and encouragement youth can achieve their full potential.

**We know** parent involvement is critical in helping children learn to interact in a healthy way with others, manage their emotions, and communicate their feelings and needs.



DFYF is accredited by:  
the Council on Accreditation for  
Children and Family Services (COA)



DFYF is certified by:  
Ohio Mental Health and Addiction  
Services Department

DFYF is a member of:

- Family Service Council of Ohio
- Ohio Council of Behavioral Healthcare Providers
- Ohio Association of Nonprofit Organizations

DFYF funders include:

- United Way of Delaware County
- United Way of Central Ohio
- ADAMH Board of Franklin County
- Franklin County Department of Job & Family Services
- City of Columbus
- Franklin County Juvenile Court
- Ohio Attorney General's Office
- Columbus City Schools
- South-Western City Schools
- The Columbus Foundation

[www.dfyf.org](http://www.dfyf.org) • [intake@dfyf.org](mailto:intake@dfyf.org)

#### DFYF Main Office

1515 Indianola Avenue  
Columbus, OH 43201  
P. 614.294.2661

#### Ohio Avenue Youth Center

657 South Ohio Avenue  
Columbus, OH 43205  
P. 614.258.8043

#### DFYF East Office

3616 East Main Street  
Columbus, OH 43213  
P. 614.251.0103

#### The Crittenton Center

3840 Kimberly Parkway N.  
Columbus, OH 43232  
P. 614.694.0203

# Directions

for Youth & Families

Changing lives. Changing communities.



## Delaware County

DFYF offers programs to help Delaware County students who require behavioral or mental health intervention to increase academic and personal success.

- Counseling & Clinical Services •



DFYF is 1 of 27 members of The National Crittenton Foundation family of agencies. Operating in 31 states, DFYF is the only one in Ohio.

Delaware Office:

39 W. Winter Street  
Delaware, OH 43015

P. 740.990.0254 • F. 740.990.0255

[www.dfyf.org](http://www.dfyf.org) • [intake@dfyf.org](mailto:intake@dfyf.org)

## ● SCHOOL CONNECTIONS ●



### PROGRAM DETAILS:

- Workers meet with students in schools, homes and the community providing counseling and case management services.
- Referrals are made by school administration and staff, parents or other community agencies for behavioral and/or emotional issues.
- Worker will meet with parents and student to identify needs through a mental health assessment and establish goals on an Individualized Treatment Plan.
- Program is approximately six months duration depending on the needs of the student.
- Family counseling services available.
- Strongly supports a collaborative relationship with the school and family to assist youth in meeting their full potential. The main focus is to bridge the gap between the different domains of a child's life to create a well-rounded individual.

### Fees:

- Medicaid will cover fees for eligible students.
- If the student is not eligible for Medicaid, services will be provided on a sliding fee scale based on a financial assessment.



## ● SERVICES FOR STUDENTS ●

### Kindergarten to 4th Grade

- Raising self-esteem and building confidence
- Managing anger
- Managing feelings
- Building life and social skills
- Improving school performance and behavior
- Improving communication skills
- Dealing with grief and loss issues
- Learning decision-making skills
- Building relationships through positive interactions with family and peers

### Intermediate, Middle, High School

- Raising self-esteem and building confidence
- Managing feelings in a healthy way (anger, sadness, anxiety)
- Dealing with grief and loss issues (death, divorce, relocation)
- Improving school performance and behavior
- Resolving conflict
- Learning positive decision-making (including avoiding peer pressure)
- Improving skills of interaction (use of assertive communication)

➤ The above services for students are provided to our partners:

- Delaware City Schools
- Big Walnut Local School District
- Olentangy Local School District

➤ In addition to outreach services, we offer Psychological and Psychiatric services at our Columbus locations.

➤ United Way of Delaware County is our main funder for DFYF services provided in Delaware County.



Directions for Youth & Families is a Resident Partner at Andrews House, 39 W. Winter Street in Delaware, Ohio. Andrews House is home to seven non-profits that serve the residents of Delaware County.



United Way  
of Delaware County

